



LET'S BE THE BACKBONE AND NOT THE WISHBONE

Our New Website

“Education is the most powerful weapon to conquer the world” - Nelson Mandela



[CLICK ON THE IMAGE TO PLAY VIDEO](#)

Our new website is live and we are super excited about it. Pour yourself a cup of tea and visit : www.foundationbackbone.co.za. If you are interested becoming a Volunteer, read all about it. We welcome your feedback!

Social Media

Foundation Backbone

[ElnaBritzMemorialGolfDay2016](#)



Mandela Day

The world celebrated Mandela Day on 18 July 2016 and Foundation Backbone decided to be part of this. We visited the local clinics and brighten up the day of the clinic staff - The kids handed out hugs and chocolate to say thank you to the angels in the community. They also handed out Lollipops with an inspirational Madiba message in their schools to inspire those around them to also live up to their true potential.



Often we reply to a thank you by “that is the least I can do”. How about changing your attitude and actions in order to be able to say “that is the most I can do for you”. Let’s act together and really be the backbone in the world.





Don't be a bully be a friend!

Each school made 2 poster displays for their school. They are promoting the anti-bullying



message to all the learners in their school. We used an apple as illustration, to show the Leaders how our negative words and actions, hurt the feelings of others and how we bruise their self-esteem.



Conflict

Giraffe House was a fantastic venue to teach our Leaders about Conflict and Bullying. For over 60 kids it was their 1st visit and encounter with reptiles and other animals. In order to help kids grow into well rounded individuals we expose them to opportunities outside their daily environment. Not only did they learn how to deal with conflict, but also to deal with their fears and the conflict within themselves. The leaders shared their opinions and feelings on conflict freely.



Inge, a volunteer, was inspired by the ability of the kids to connect the learning. They spontaneously referred back to previous lessons when talking about Conflict and Bullying. The Reptile show was a highlight. Seeing their faces, listening to high pitched screaming voices and some kids running in all directions, was priceless. Tarantulas, Frogs, Dragons, Snakes, and a Burmese Python was all part of the show and the kids were able to touch and feel the animals. It gave them a better understanding about their fears and that all animals are part of God's amazing creation. The same lesson is applicable to us, people are not the same, and we need to respect and love one another for our differences.





Debonairs Pizza - Thank you!

Meeting Tom Bedford at West Coast Village Debonairs was a blessing. Tom made it all possible for our Leaders to



enjoy a FREE lunch. He even went the extra mile and included a FREE delivery of the Pizza's to the beach. Nothing was too big of an ask. We thank you for buying into our vision: "Let's be the backbone and not



the Wishbone of the community! Next time, when you are feeling hungry, choose Debonairs in Sunningdale.

Next event?

Weekend 21-23 October 2016

“Our children are the only possessions that we can take to heaven.”

Touching hearts at NGK Bloubergstrand?

Mamre being the new school addition to the Foundation in 2016, we decided to give them the opportunity to inspire the NGK Bloubergstrand congregation with their beautiful angel voices. Damien played the Piano by ear and the kids followed beautifully, creating magic to listen to. Everyone is being used in God's Kingdom.

A pizza and beach story

With 26 degrees on the day what is there not to love about the beach? After singing at both the morning services we headed for the beach. We encounter paradise.... swim, sand, beachballs, games, pizza and lots and lots of fun. This day was filled with smiles!



Heading towards the end of the year, the kids' "Polly Shortts" (Exam time) - is soon a reality. Maretha asked them about the exams and they answered: We developed a backbone so we are not afraid of Exams; we know how to learn. Always strive to have a positive attitude towards your "Polly Shortts" in life. We thank you for your support and prayers!